

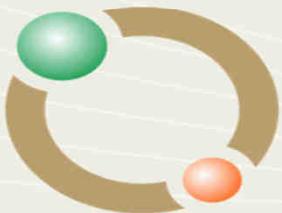
Efecto de las imágenes utilizadas en la planificación de la radioterapia

(dosis recibida por TAC de simulación y por IGRT)

Edgardo Garrigó

Instituto de Radioterapia – Fundación Marie Curie, Córdoba

egarrigo@radioncologia-zunino.org

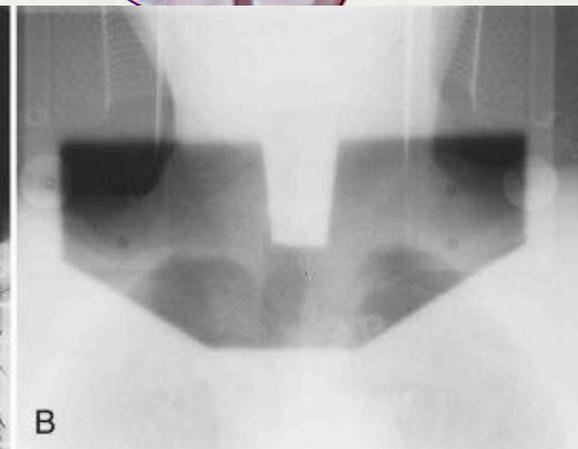
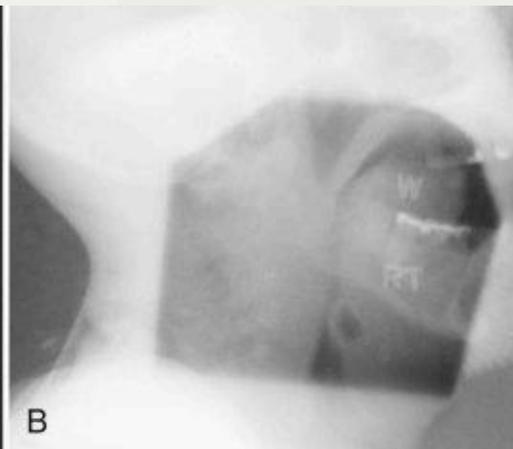
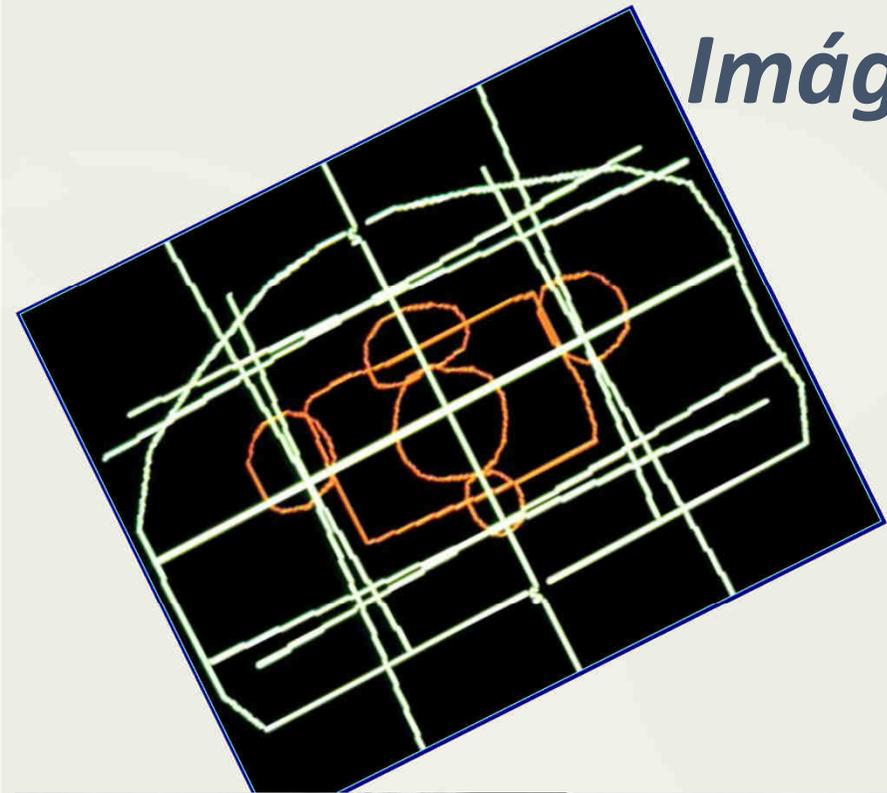


**INSTITUTO DE RADIOTERAPIA
FUNDACIÓN MARIE CURIE**

PROGRAMA DE EDUCACION CONTINUA
FUNDACIÓN MARIE CURIE 2013 - 2014

**CURSO DE ACTUALIZACIÓN EN
PROTECCIÓN RADIOLÓGICA**

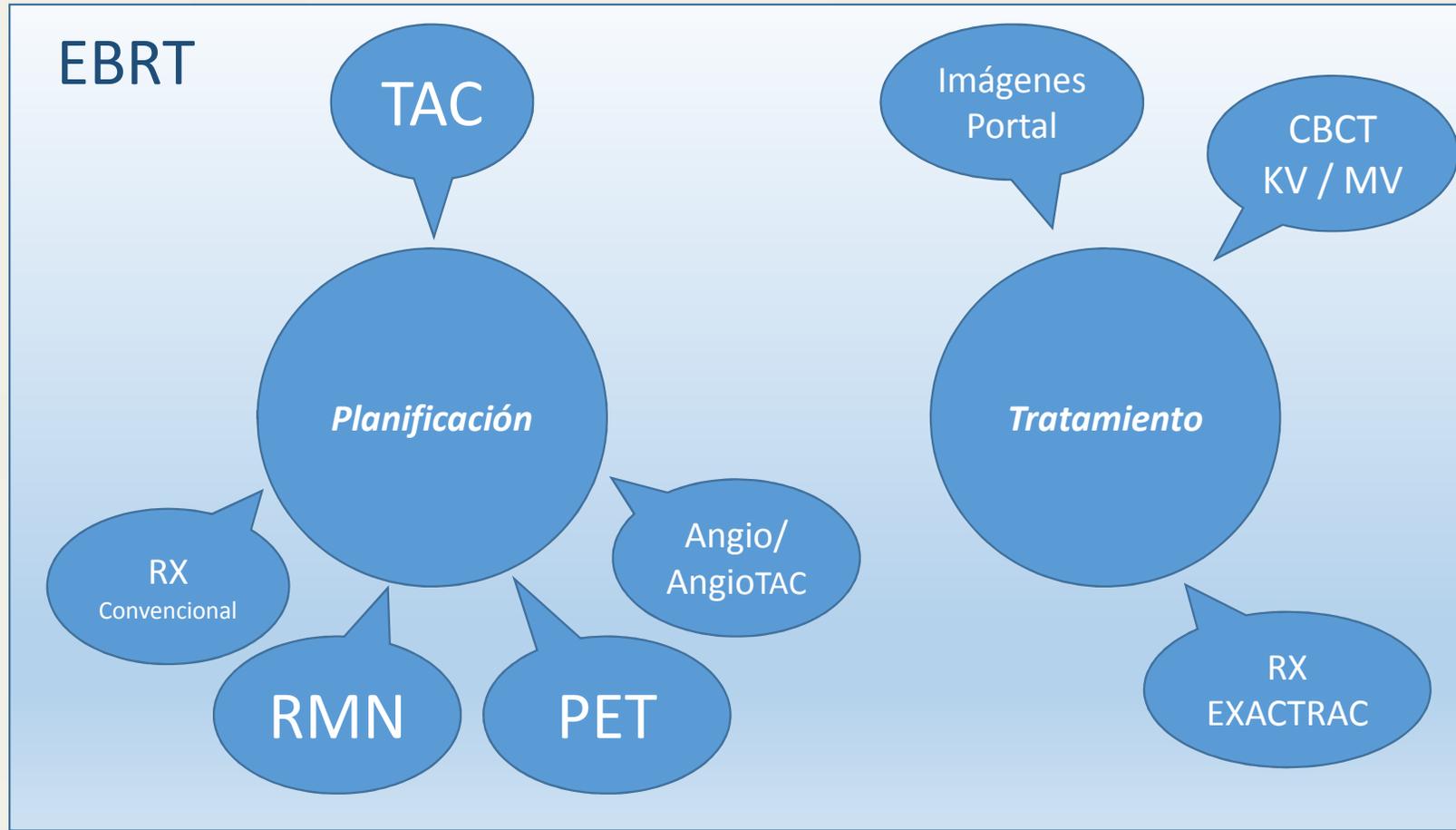
Imágenes hasta '80



Braquiterapia



EBRT



Cancer Statistics, 2012

Rebecca Siegel, MPH¹; Deepa Naishadham, MA, MS²; Ahmedin Jemal, DVM, PhD³

Abstract

Each year, the American Cancer Society estimates the numbers of new cancer cases and deaths expected in the United States in the current year based on incidence data from the the North American Association of Cancer Statistics. A total of 1,638,910 new cancer cases and 577,190 deaths are projected to occur in the United States in 2012. During the most recent 5 years for which there are data (2004-2008), overall cancer incidence rates in men decreased by 1.0% per year, while cancer death rates

...1.638.910 nuevos casos de cáncer y 577.190 muertes son proyectadas en 2012 (USA)...

... durante (2004-2008) la incidencia de cáncer disminuyó levemente, mientras la tasa de muerte por cáncer disminuyó 1.8% en hombres y 1.6% en mujeres...

Death rates continue to decline for all 4 major cancer sites (lung, colorectum, breast, and prostate), with lung cancer accounting for almost 40% of the total decline in men and breast cancer accounting for 34% of the total decline in women. The reduction in overall cancer death rates since 1990 in men and 1991 in women translates to the avoidance of about 1,024,400 deaths from cancer. Further progress can be accelerated by applying existing cancer control knowledge across all segments of the population, with special emphasis on those groups in the lowest socioeconomic bracket. CA Cancer J Clin 2011;117:26-42.

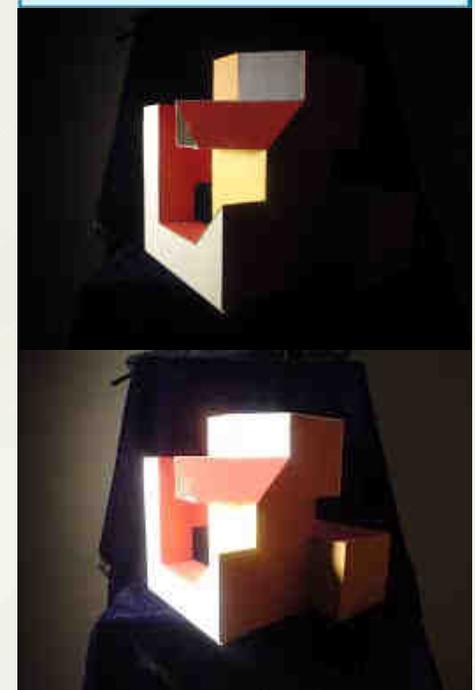
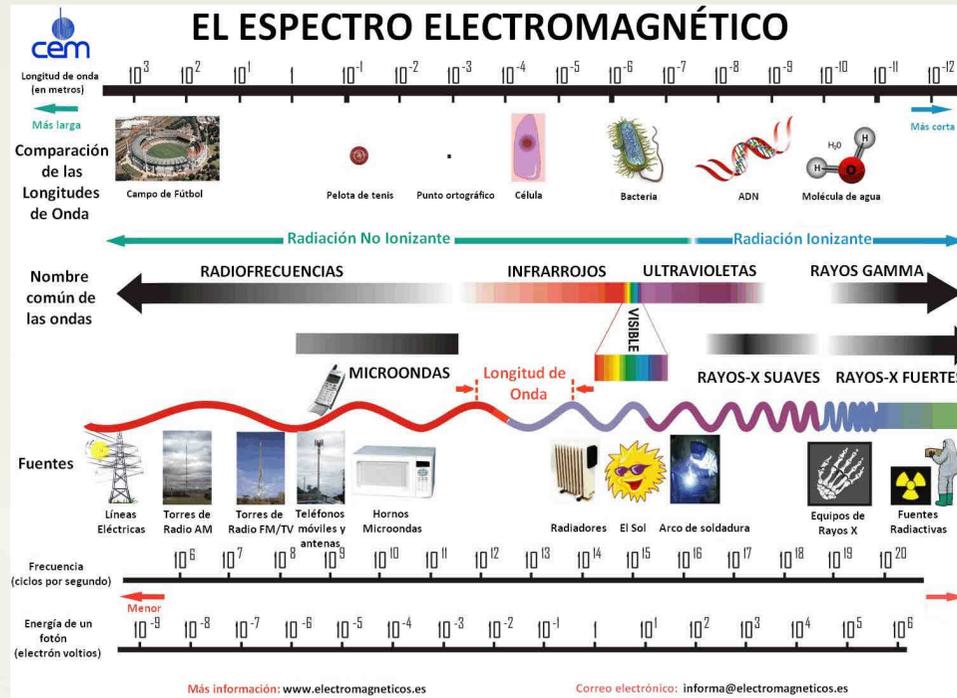
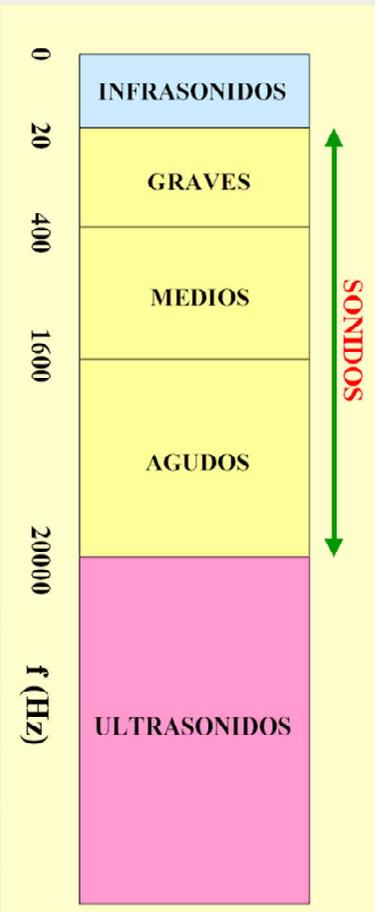
... la reducción en la mortalidad desde 1990 evitó **1.024.400** muertes por cáncer...progresos pueden ser acelerados...





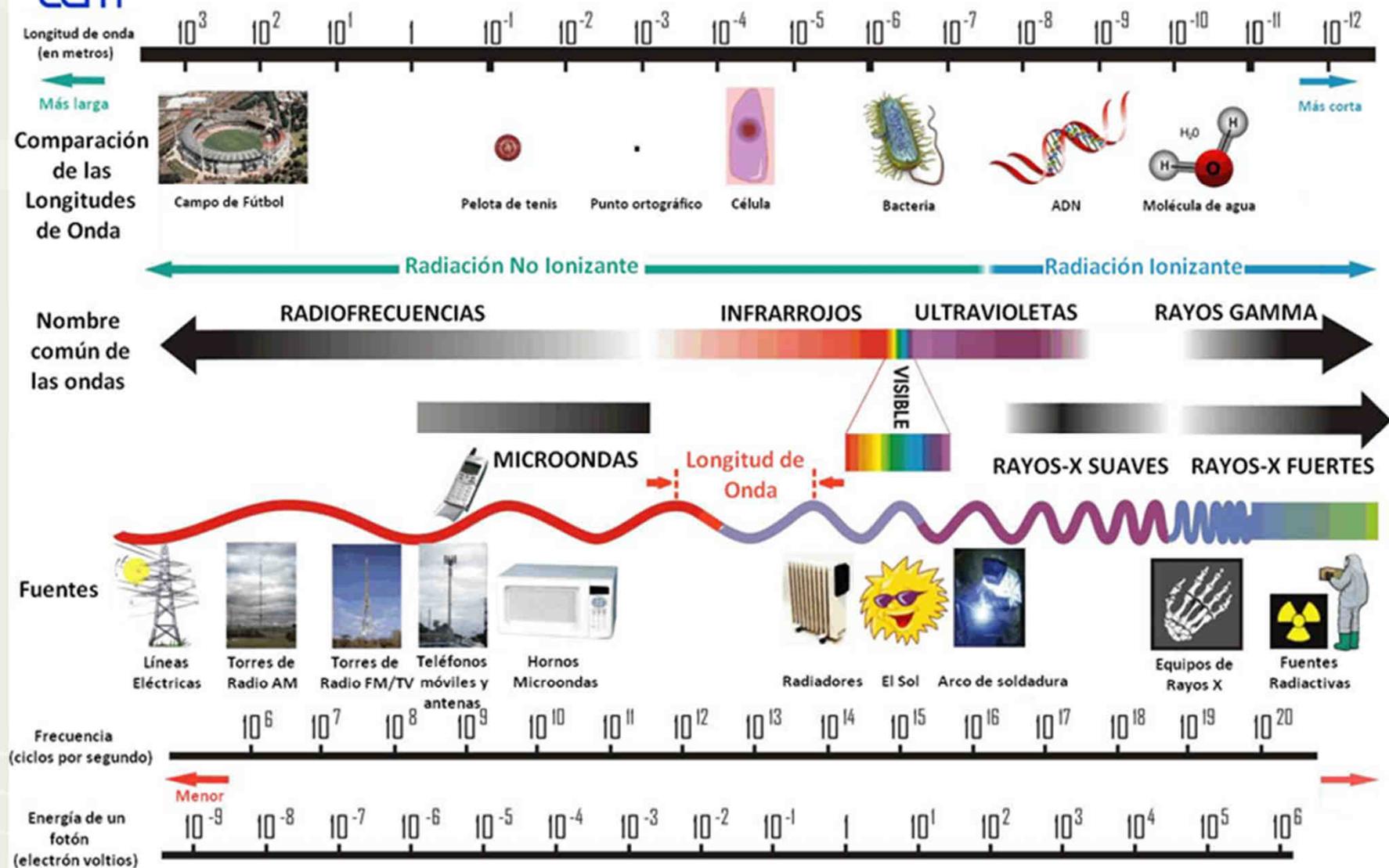
Idealización del Momento Magnético de un electrón.

GENERACION DE LA IMAGEN





EL ESPECTRO ELECTROMAGNÉTICO



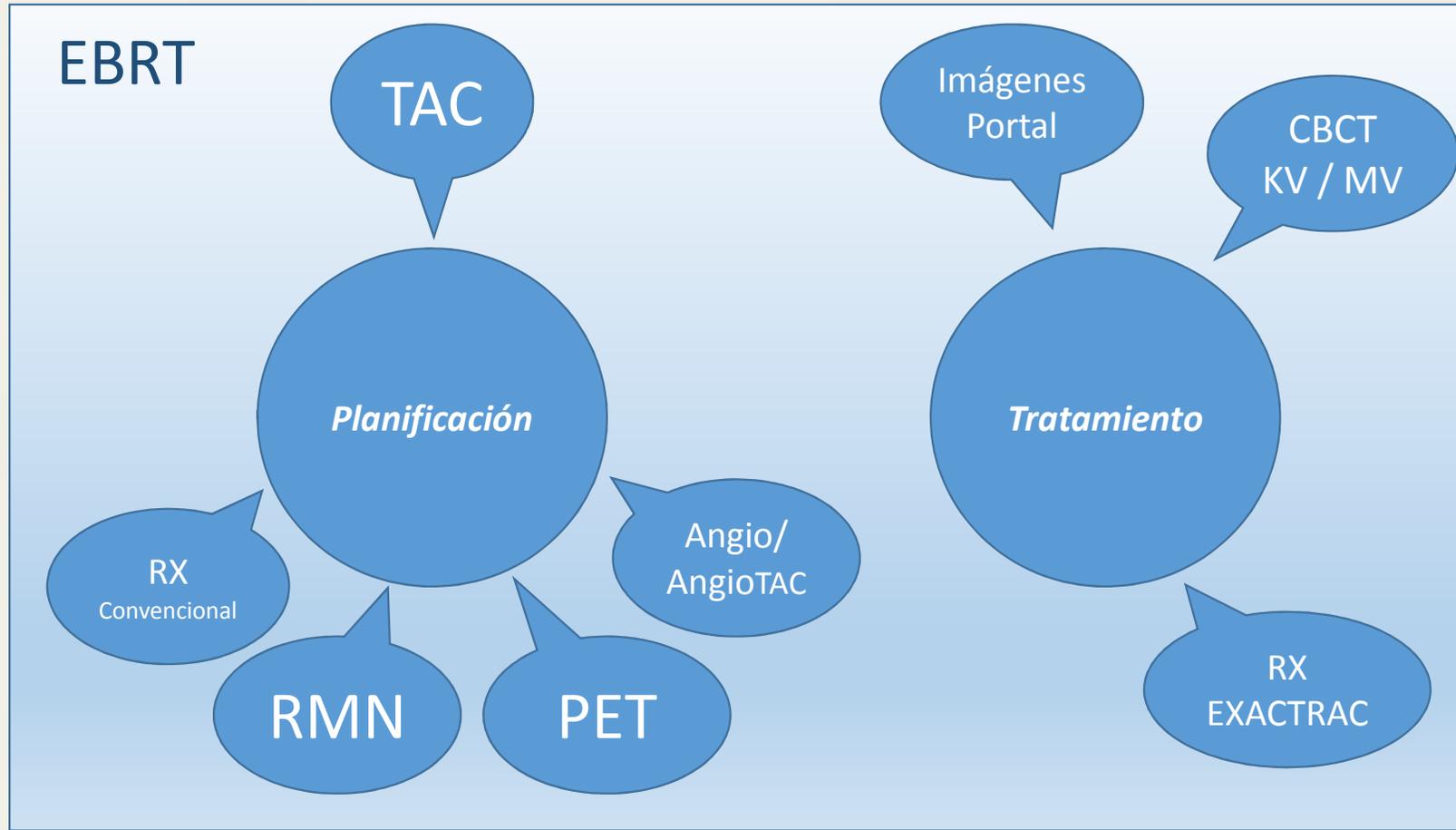
Más información: www.electromagneticos.es

Correo electrónico: informa@electromagneticos.es

Braquiterapia



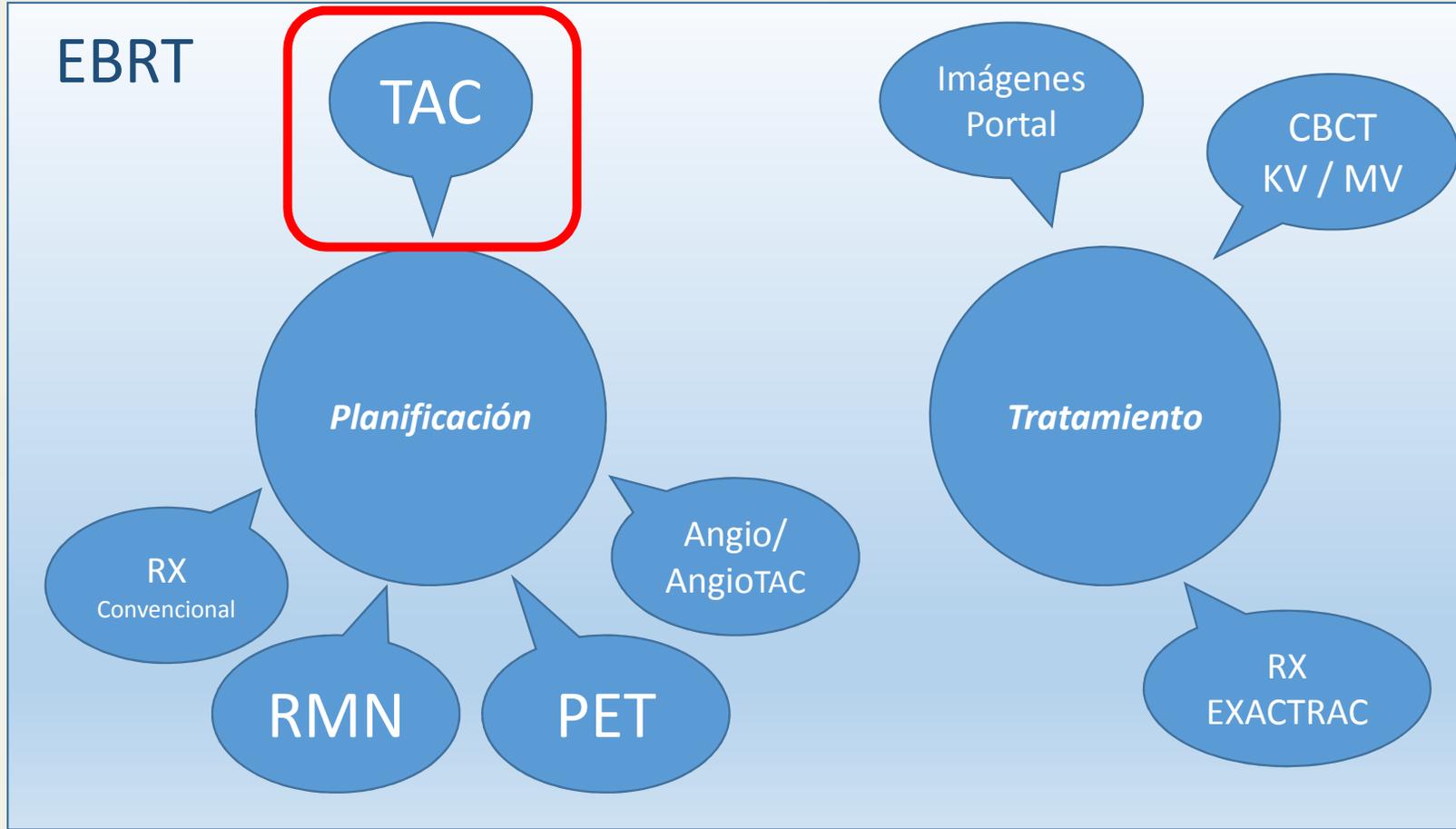
EBRT



Braquiterapia



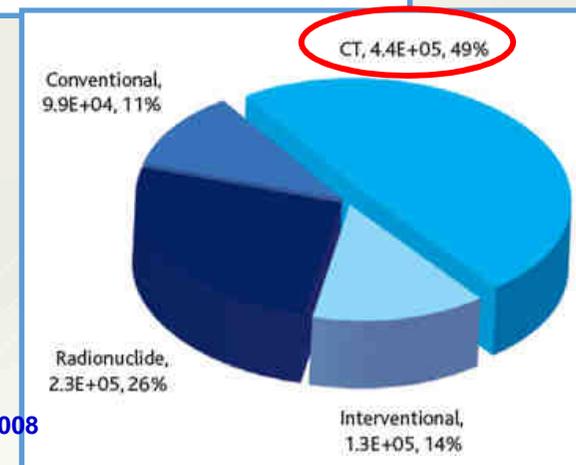
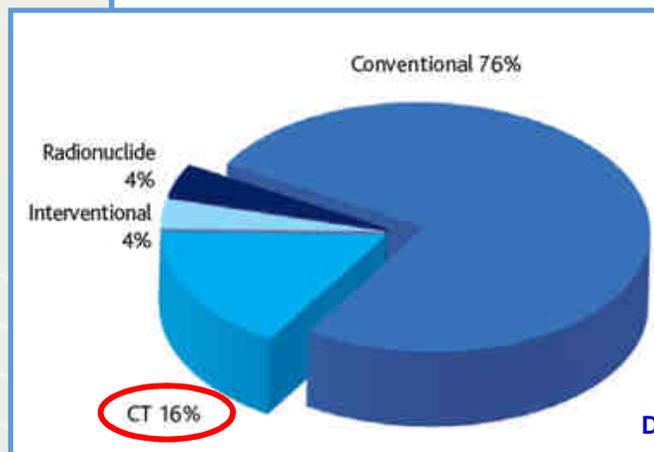
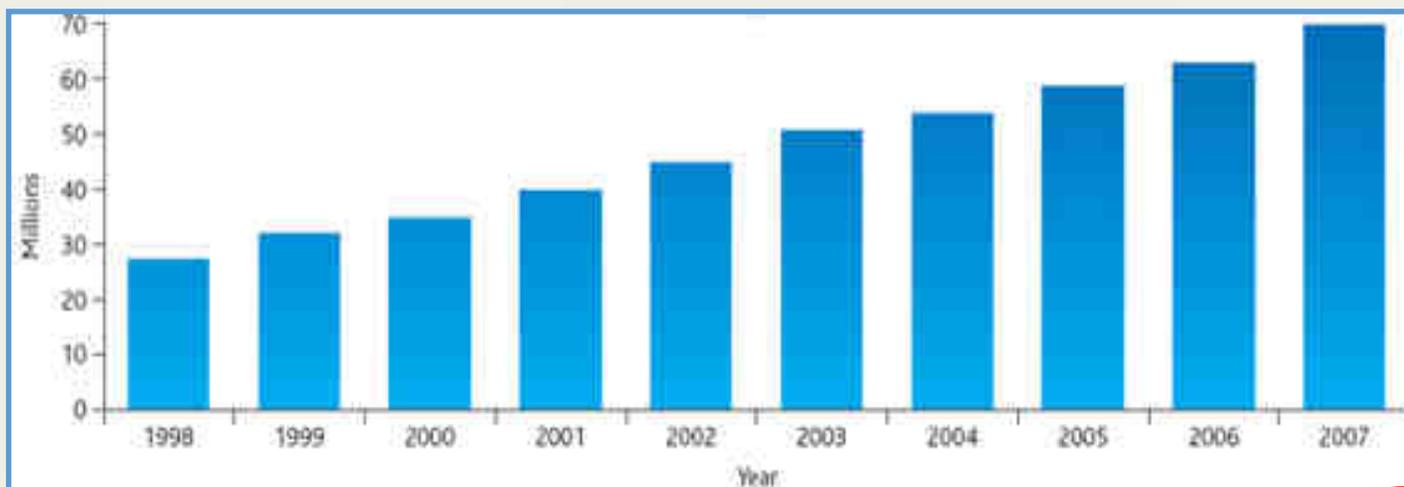
EBRT



Diagnóstico

Seguimiento

Dosis entregada a la población debido a estudios de TAC (2007 USA)

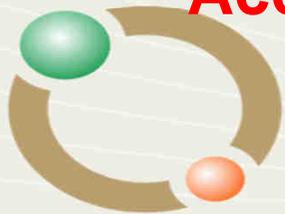


David Sutton, C2I2, Volume VI, Issue 2, 2008



- Nueva Generación de escaner
- TAC helicoidal, fan o cone beam (MDCT)
- Nuevas técnicas de perfusion (mesa fija o con mov combinado)

Dosis >>> →
Accidentes



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Parámetros de dosimetría

- **CTDI** = Computed Tomography Dose Index en mGy
- **MSAD** = Multiple scan Average Dose en mGy
- **DLP** = Dose Length Product en mGy.cm

CTDI y MSAD → Dosis a los órganos

DLP → Estimación del riesgo

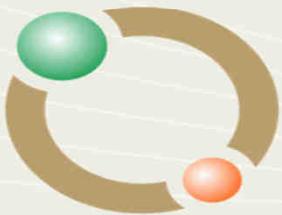
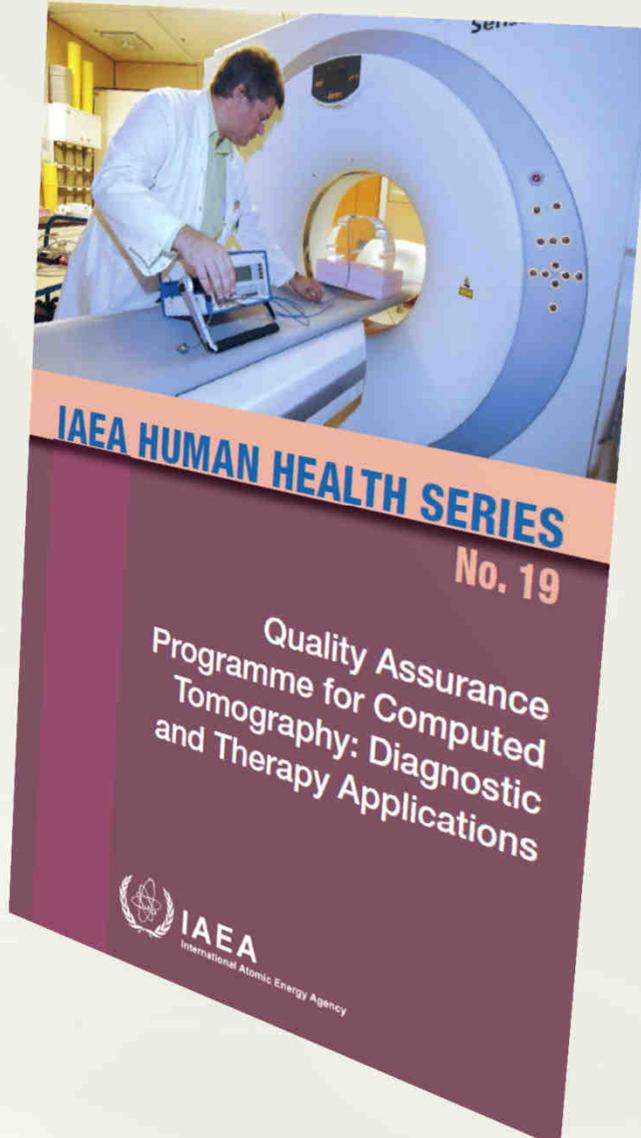


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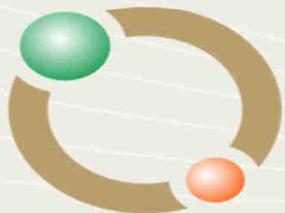
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TABLE 1. COMPARISON OF IAEA AND IEC DOSIMETRY TERMINOLOGY USED IN CT

| Quantity | IAEA | IEC |
|--|---|--|
| <i>Measured free-in-air:</i> | | |
| CT air kerma index | $C_{a,100} = \frac{1}{NT} \int_{-50}^{+50} K(z) dz$ | $CTDI_{air} = 1/NT \int_{-50}^{+50} K_a(z) dz$ |
| <i>Measured in standard phantom:</i> | | |
| Weighted CT air kerma index | $C_w = \frac{1}{3} (C_{PMMA,100,c} + 2 C_{PMMA,100,p})$ | $CTDI_w = 1/3 CTDI_{100,c} + 2/3 CTDI_{100,p}$ |
| Normalized weighted CT air kerma index | ${}_n C_w$ | ${}_n CTDI_w$ |
| Volume CT air kerma index | C_{VOL} | $CTDI_{VOL}$ |
| CT air kerma-length product | $P_{KL,CT} = \sum_j {}_n C_{VOL,j} l_j P_{It,j}$ | $DLP = CTDI_{VOL} L$ |



- Cámara de ionización de pequeño volumen
- Fantoma grande para asegurar equilibrio
- Aplicable a todas las técnicas actuales (axial, helicoidal, cone o fan beam, con o sin traslación de mesa)



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AAPM REPORT NO. 111



Comprehensive Methodology for the Evaluation of Radiation Dose in X-Ray Computed Tomography

*A New Measurement Paradigm Based on a Unified Theory
for Axial, Helical, Fan-Beam, and Cone-Beam Scanning
With or Without Longitudinal Translation of the Patient Table*

Report of AAPM Task Group 111:
The Future of CT Dosimetry

February 2010

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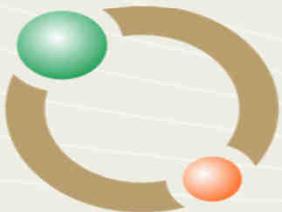
JOURNAL OF APPLIED CLINICAL MEDICAL PHYSICS, VOLUME 13, NUMBER 6, 2012

Measurements of the dose delivered during CT exams using AAPM Task Group Report No. 111

C. Descamps,^{1a} M. Gonzalez,¹ E. Garrigo,¹ A. Germanier,² D. Venencia¹
*Instituto de Radioterapia – Fundación Marie Curie,¹ Córdoba, Argentina; CEPROCOR,²
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cdescamps@radioncologia-zumino.org

Received 10 February, 2012; accepted 26 June, 2012

Se propuso seguir la recomendación de AAPM para evaluar la dosis entregada durante los exámenes de TAC mas comunmente utilizados y compararlos con lo informado por el TAC (CTDI)



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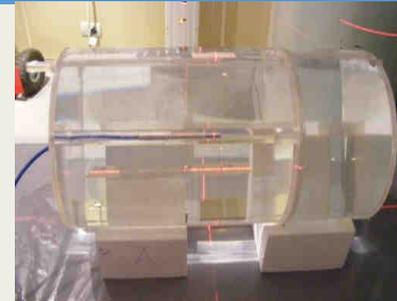
Materiales y Método



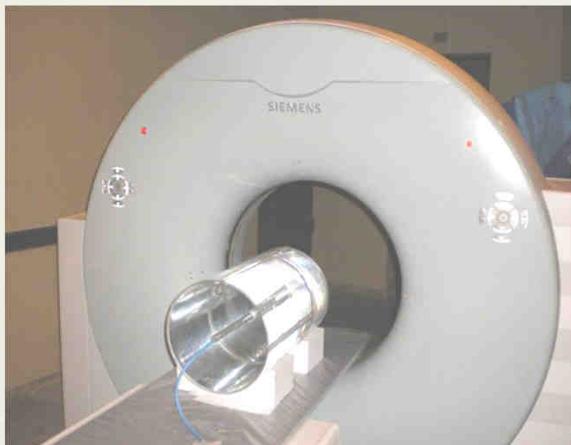
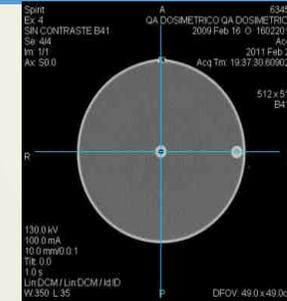
PTW 30013
(Farmer)



Electrometro PTW
Unidos E



Fantoma 60cm Long 30cm diam



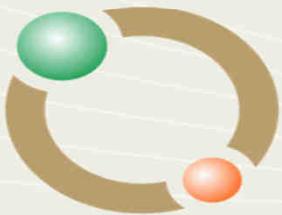
Siemens SOMATOM Spirit Power
2-slice CT scanner

TLD100 (rods)
TLD Reader 4000 (Harshaw)
GCA-New v3.0



Materiales y Método

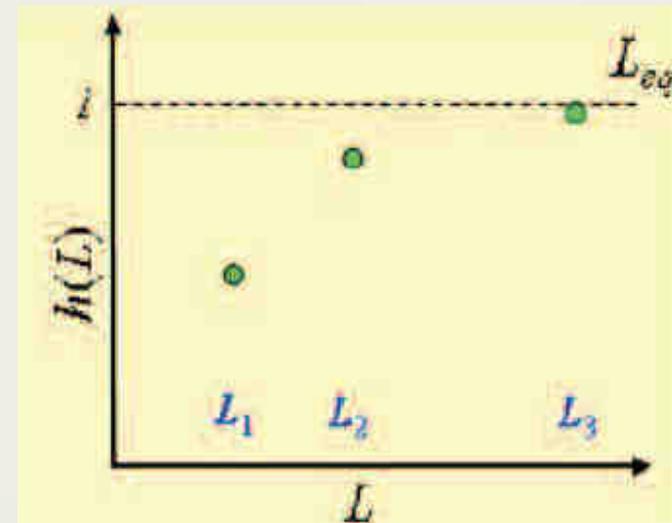
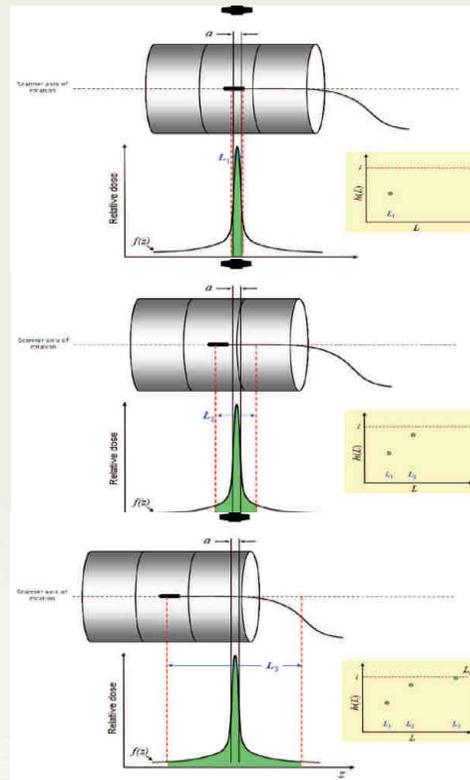
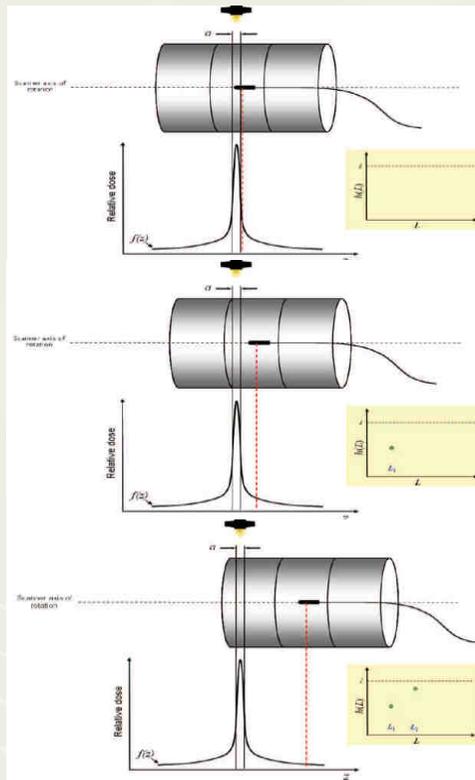
| Protocolo | Mode | KV | mA | Rotacion de tubo [s] | Cortes | Corte reconstruido |
|------------|------------------|-----|-----|----------------------|------------|--------------------|
| Referencia | Axial | 130 | 100 | 1 | 2 of 5mm | 10 mm |
| Mama | Helical (pitch1) | 130 | 100 | 1 | 2 of 5 mm | 10 mm |
| Prostata | Axial | 130 | 100 | 1 | 2 of 1.5mm | 3mm |
| Axial 5 mm | Axial | 130 | 100 | 1 | 2 of 2.5 | 5mm |



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Materiales y Método

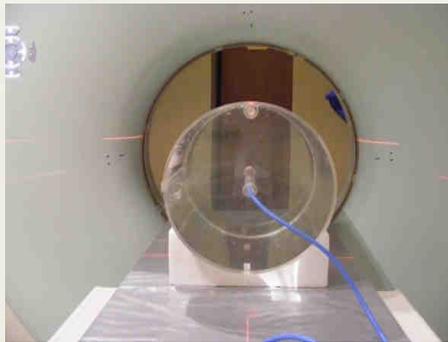


Desde $L=50$ mm to
 L =Longitud del fantoma
menos nT



Resultados

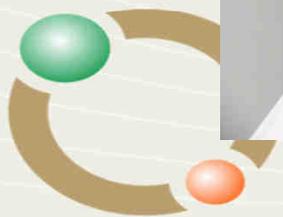
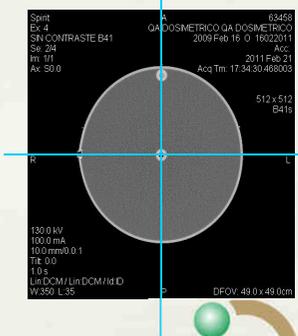
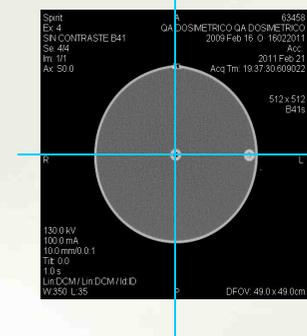
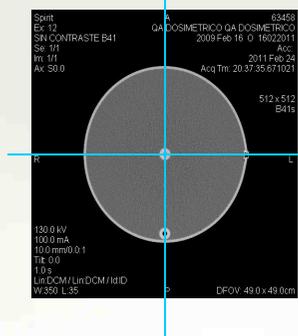
Repetibilidad : 0.44%



Posición Central

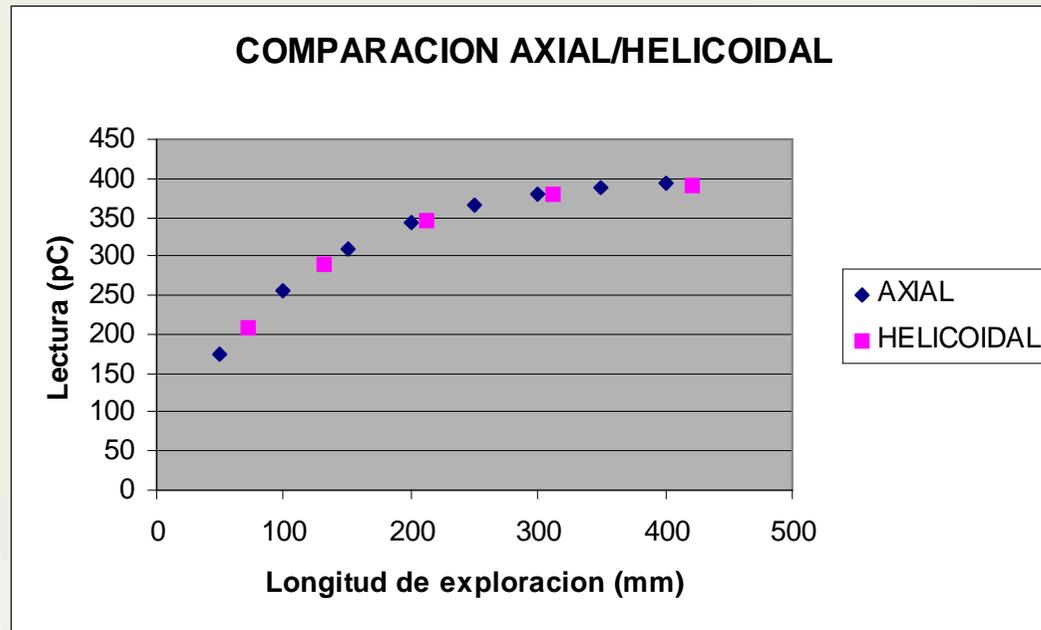
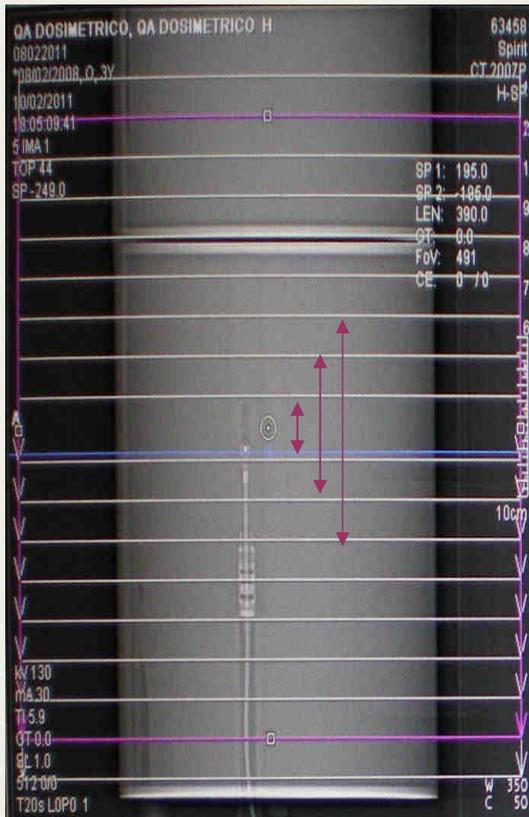


Posición Periferica



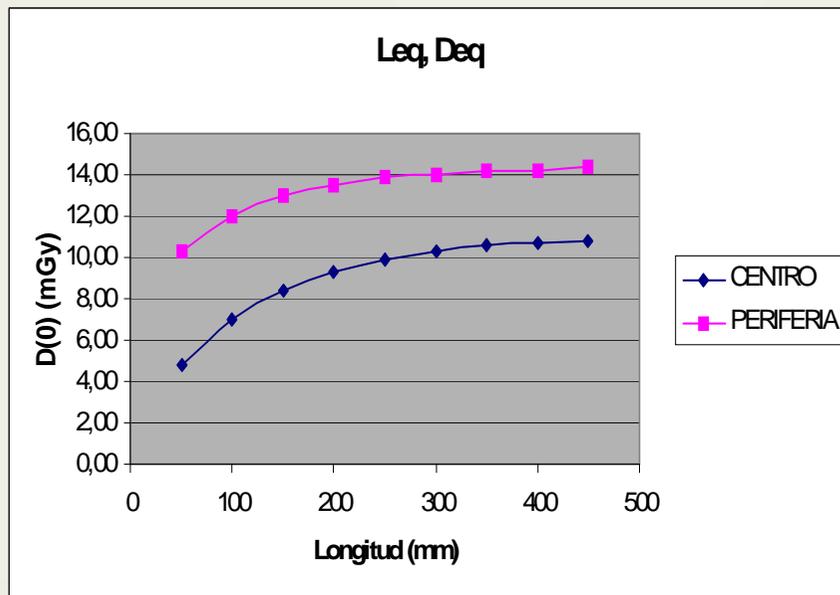
Resultados

Comparación de modos de escaneo



Resultados

Dosis de equilibrio, periférica y central



$$D_L(z=0) = h(L)D_{eq}$$

Centro

$$D_{eq} = 11.0 \text{ mGy}$$

$$\alpha = 0,88$$

$$L_{eq} = 450 \text{ mm}$$

PERIFERIA

$$D_{eq} = 14,4 \text{ mGy}$$

$$\alpha = 0,47$$

$$L_{eq} = 380 \text{ mm}$$

$$h(L) \approx (1 - \alpha) + \alpha \left[1 - \exp\left(-4L/L_{eq}\right) \right] = 1 - \alpha \exp\left(-4L/L_{eq}\right).$$

Primaria

Dispersa



Resultados

Calibración TLDs (TRS277)

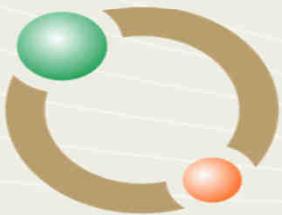
Cámara Farmer $N_k = 47,90 \text{ mGy/nC}$ HVL = 0,23 mm Cu $(\mu_{\text{en}}/\rho)_{\text{w,air}} = 1,032$

$D_{\text{eq,c}}$: TLDs vs Farmer Chamber

| Dosímetro | Dosis [mGy] |
|---------------|-------------|
| TLD | 12.4 |
| Chamber | 12.3 |
| <i>Dif[%]</i> | <i>0.89</i> |

D(0): comparación TLDs y cámara Farmer

| Protocolo | Mama | Prostata | Axial 5 mm |
|---------------------|------------|------------|------------|
| Camara Farmer [mGy] | 10.8 | 10.8 | 10.9 |
| TLD [mGy] | 10.4 | 10.7 | 10.9 |
| <i>Dif[%]</i> | <i>3.4</i> | <i>0.6</i> | <i>0.3</i> |



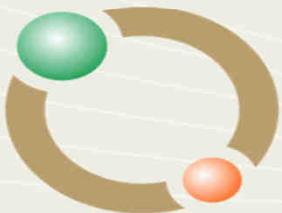
Resultados

Dosis de equilibrio(mGy) acumulada en la posición $z = 0$

$$D(0) = \frac{1}{2} D_c + \frac{1}{2} D_p \quad (D_{eq} \propto r^2)$$

Comparación con CTDIvol reportado por el TAC

| Protocolo | Mama | Prostata | Axial 5 mm |
|----------------------|--------------------|--------------------|--------------------|
| CTDI vol [mGy] | 9.1 | 9.3 | 9.3 |
| Deq [mGy] | 12.3 | 12.3 | 12.5 |
| <i>Dif[%]</i> | <i>29.9</i> | <i>27.9</i> | <i>29.0</i> |



Programa de cálculo

Freeware

CT Dose 1.0.1

<http://www.mta.au.dk/ctdose/index.htm> (2008-04-26)

Dose calculations for CT-exams (last update 2003-11-11)

Omni mAs

<http://omnimas.arwen.se/> (2008-04-26)

Calculation of mAs settings for different patient diameters

Effective dose via conversion factors for DLP

D2ED (Palm)

<http://www.mh-hannover.de/1604.html>

Estimation of patient exposure using conversion factors

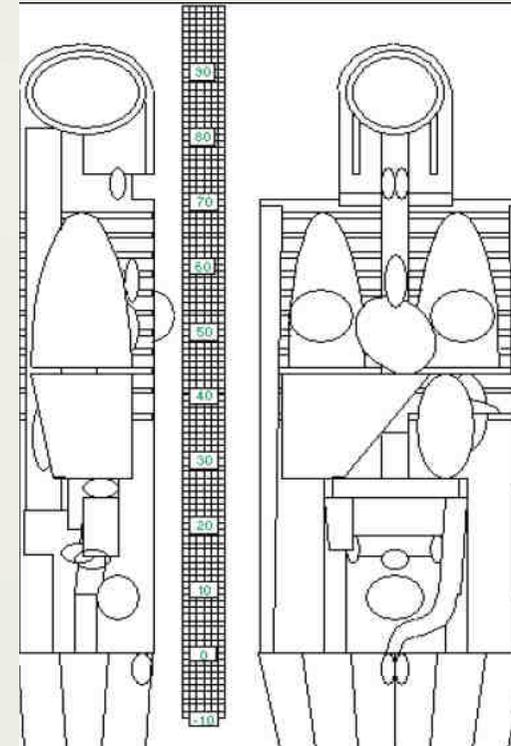
(DAP, CTDI and DLP)

QuickDose (Windows Mobile 6)

<http://www.mh-hannover.de/1604.html>

Estimation of patient exposure using conversion factors

(DAP, CTDI and DLP)



- Fantoma antropomórfico
- Párametros de entrada
- Ej. : CTDose, WinDose
- **Monte-Carlo**

Estimating peak skin and eye lens dose from neuroperfusion examinations: Use of Monte Carlo based simulations and comparisons to CTDIvol, AAPM Report No. 111, and ImPACT dosimetry tool values

Di Zhang, Chris H. Cagnon, J. Pablo Villablanca, Cynthia H. McCollough, Dianna D. Cody, Maria Zankl, John Demarco, and Michael F. McNitt-Gray

Citation: *Medical Physics* **40**, 091901 (2013); doi: 10.1118/1.4816652

View online: <http://dx.doi.org/10.1118/1.4816652>

View Table of Contents: <http://scitation.aip.org/content/aapm/journal/medphys/40/9?ver=pdfcov>

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MYM

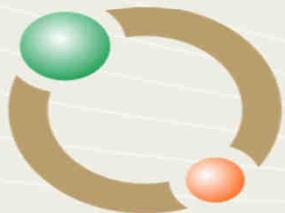
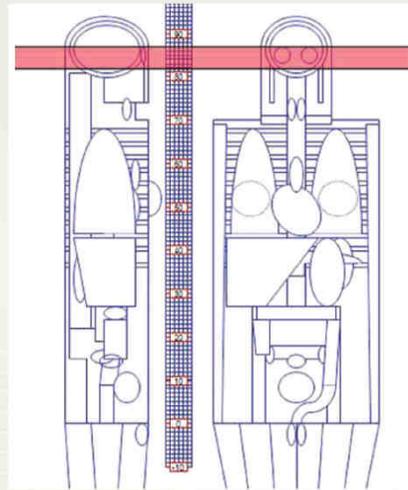
- 4 MDCT
- Estudios de Perfusión cerebral
- 4 Fantomas cerebro
- Varios KV – 100 mAs
- Dosis en piel y cristalino

MC

CTDI

AAPM 111

ImPACT



Estimating peak skin and eye lens dose from neuroperfusion examinations: Use of Monte Carlo based simulations and comparisons to CTDIvol, AAPM Report No. 111, and ImPACT dosimetry tool values

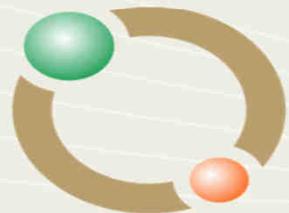
Di Zhang, Chris H. Cagnon, J. Pablo Villablanca, Cynthia H. McCollough, Dianna D. Cody, Maria Zankl, John Demarco, and Michael F. McNitt-Gray

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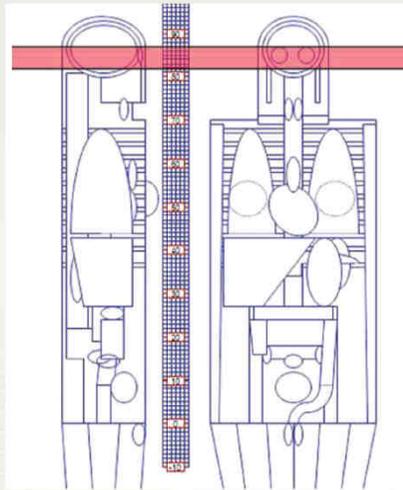
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View Table of Contents: <http://scitation.aip.org/content/aapm/journal/medphys/40/9?ver=pdfcov>

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Conclusion

**CTDI e ImPACT, sobreestiman 40-60%
AAPM 111 mejor predictor**

**CTDI, Software, AAPM 111. Solo
índices predictores (no dosis real)**

AAPM Report No. 204



Size-Specific Dose Estimates (SSDE) in Pediatric and Adult Body CT Examinations

Report of AAPM Task Group 204, developed in collaboration with the International Commission on Radiation Units and Measurements (ICRU) and the Image Gently campaign of the Alliance for Radiation Safety in Pediatric Imaging



Fantoma 16cm o 32cm

$$CTDI_w = \frac{1}{3} CTDI_{100}^{center} + \frac{2}{3} CTDI_{100}^{periphery}$$

$$CTDI_{vol} = \frac{CTDI_w}{pitch}$$

Fantoma llevado a “paciente”

$$size\ specific\ dose\ estimate = SSDE = f_{size}^{32,X} \times CTDI_{vol}^{32}$$

for the 32 cm diameter $CTDI_{vol}$ reference phantom, and

$$size\ specific\ dose\ estimate = SSDE = f_{size}^{16,X} \times CTDI_{vol}^{16}$$

for the 16 cm diameter $CTDI_{vol}$ reference phantom.

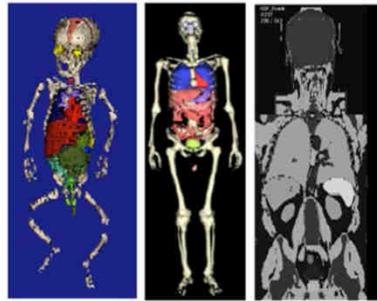
The various tools used by the four independent research groups are illustrated Figure 3.



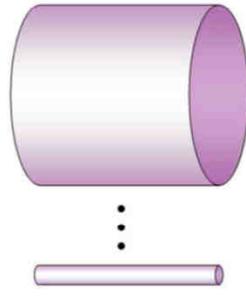
A. Physical Anthropomorphic Phantoms
(McCollough and collaborators, Mc)



B. Cylindrical PMMA phantoms
(Toth and Strauss, TS)



C. Monte Carlo Voxelized Phantoms
(McNitt-Gray and collaborators, MG)



D. Monte Carlo Mathematical Cylinders
(Boone and collaborators, ZB)

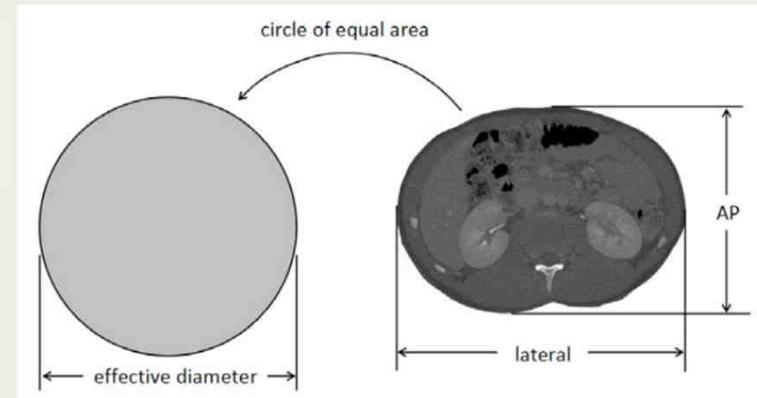


Table 1A

| Lat+AP Dim (cm) | Effective Dia (cm) | Conversion Factor |
|-----------------|--------------------|-------------------|
| 16 | 7.7 | 2.79 |
| 18 | 8.7 | 2.69 |
| 20 | 9.7 | 2.59 |
| 22 | 10.7 | 2.50 |
| 24 | 11.7 | 2.41 |
| 26 | 12.7 | 2.32 |
| 28 | 13.7 | 2.24 |
| 30 | 14.7 | 2.16 |
| 32 | 15.7 | 2.08 |
| 34 | 16.7 | 2.01 |
| 36 | 17.6 | 1.94 |
| 38 | 18.6 | 1.87 |
| 40 | 19.6 | 1.80 |
| 42 | 20.6 | 1.74 |
| 44 | 21.6 | 1.67 |
| 46 | 22.6 | 1.62 |
| 48 | 23.6 | 1.56 |
| 50 | 24.6 | 1.50 |
| 52 | 25.6 | 1.45 |
| 54 | 26.6 | 1.40 |
| 56 | 27.6 | 1.35 |
| 58 | 28.6 | 1.30 |
| 60 | 29.6 | 1.25 |
| 62 | 30.5 | 1.21 |
| 64 | 31.5 | 1.16 |
| 66 | 32.5 | 1.12 |
| 68 | 33.5 | 1.08 |

Table 1B

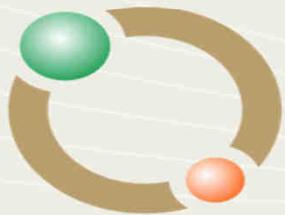
| Lateral Dim (cm) | Effective Dia (cm) | Conversion Factor |
|------------------|--------------------|-------------------|
| 8 | 9.2 | 2.65 |
| 9 | 9.7 | 2.60 |
| 10 | 10.2 | 2.55 |
| 11 | 10.7 | 2.50 |
| 12 | 11.3 | 2.45 |
| 13 | 11.8 | 2.40 |
| 14 | 12.4 | 2.35 |
| 15 | 13.1 | 2.29 |
| 16 | 13.7 | 2.24 |
| 17 | 14.3 | 2.19 |
| 18 | 15.0 | 2.13 |
| 19 | 15.7 | 2.08 |
| 20 | 16.4 | 2.03 |
| 21 | 17.2 | 1.97 |
| 22 | 17.9 | 1.92 |
| 23 | 18.7 | 1.86 |
| 24 | 19.5 | 1.81 |
| 25 | 20.3 | 1.76 |
| 26 | 21.1 | 1.70 |
| 27 | 22.0 | 1.65 |
| 28 | 22.9 | 1.60 |
| 29 | 23.8 | 1.55 |
| 30 | 24.7 | 1.50 |
| 31 | 25.6 | 1.45 |
| 32 | 26.6 | 1.40 |
| 33 | 27.6 | 1.35 |
| 34 | 28.6 | 1.30 |

Table 1C

| AP Dim (cm) | Effective Dia (cm) | Conversion Factor |
|-------------|--------------------|-------------------|
| 8 | 8.8 | 2.68 |
| 9 | 10.2 | 2.55 |
| 10 | 11.6 | 2.42 |
| 11 | 13.0 | 2.30 |
| 12 | 14.4 | 2.18 |
| 13 | 15.7 | 2.08 |
| 14 | 17.0 | 1.98 |
| 15 | 18.3 | 1.89 |
| 16 | 19.6 | 1.81 |
| 17 | 20.8 | 1.73 |
| 18 | 22.0 | 1.65 |
| 19 | 23.2 | 1.58 |
| 20 | 24.3 | 1.52 |
| 21 | 25.5 | 1.45 |
| 22 | 26.6 | 1.40 |
| 23 | 27.6 | 1.34 |
| 24 | 28.7 | 1.29 |
| 25 | 29.7 | 1.25 |
| 26 | 30.7 | 1.20 |
| 27 | 31.6 | 1.16 |
| 28 | 32.6 | 1.12 |
| 29 | 33.5 | 1.08 |
| 30 | 34.4 | 1.05 |
| 31 | 35.2 | 1.02 |
| 32 | 36.0 | 0.99 |
| 33 | 36.8 | 0.96 |
| 34 | 37.6 | 0.93 |

Table 1D

| Effective Dia (cm) | Conversion Factor |
|--------------------|-------------------|
| 8 | 2.76 |
| 9 | 2.66 |
| 10 | 2.57 |
| 11 | 2.47 |
| 12 | 2.38 |
| 13 | 2.30 |
| 14 | 2.22 |
| 15 | 2.14 |
| 16 | 2.06 |
| 17 | 1.98 |
| 18 | 1.91 |
| 19 | 1.84 |
| 20 | 1.78 |
| 21 | 1.71 |
| 22 | 1.65 |
| 23 | 1.59 |
| 24 | 1.53 |
| 25 | 1.48 |
| 26 | 1.43 |
| 27 | 1.37 |
| 28 | 1.32 |
| 29 | 1.28 |
| 30 | 1.23 |
| 31 | 1.19 |
| 32 | 1.14 |
| 33 | 1.10 |
| 34 | 1.06 |



Conclusion

- Debemos conocer que dosis estamos entregando en para cada protocolo.
- Recordar: Justificación de la práctica, Optimización (ALARA), Límites de Dosis
- AAPM 111 parece ser mejor **índice predictor** que CTDI y programas
- CTDI “standard”. AAPM 204 1er intento para dosis “real”
- MC el ideal
- Futuro TAC ->E?



MUCHAS GRACIAS

